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MSK MR Protocol

Soft Tissue Mass

Mark location of mass with skin markers

****Second plane T1 (sagittal or coronal) based on location of lesion (Anterior or posterior lesions = sagittal. Medial or lateral lesions = coronal.)**

Ax T2 FS (TR 3000 to 4000 msec, a TE 40 to 50 msec, and an echo train of 6-8)

Ax T1

Cor STIR

Sag STIR

****Sag/Cor T1**

Axial T1 post contrast

****Sag/Cor T1 FS post contrast**

Bone Mass

Same as Soft Tissue Mass but add:

Lg FOV Cor T1 (from joint above lesion to joint below) in body coil

Infection (Cellulitis, Osteomyelitis, Abscess)

Mark location of any open wounds with skin markers

****Second plane (sagittal or coronal) based on location of affected part (Anterior or posterior lesions: sagittal. Medial or lateral lesions: coronal.).**

Ax T2 FS (TR 3000 to 4000 msec, a TE 40 to 50 msec, and an echo train of 6-8)

Ax T1

Cor STIR

Sag STIR

****Sag/Cor T1**

Axial T1 post contrast

Sag T1 FS post contrast

Cor T1 FS post contrast

Shoulder

Cor Loc

3 Plane Loc

Shim
Map
Ax PD Fs
Cor T1
Cor T2 Fs
Cor PD Fs
Sag T2 Fs
Sag PD Fs

Shoulder Arthrogram

Cor Loc
3 Plane Loc
Shim
Map
Ax T1 Fs
Cor T1 Fs
Cor T2 Fs
Cor Pd Fs
Sag T1 Fs
Aber View-Cor Loc
3 Plane Loc
Shim
Ax T1 Fs-Aber

Humerus (Arm, Forearm, Thigh, Tib/Fib)

Cor Loc
3 Plane Loc
Shim
Cor T1
Cor Stir
Ax T2 FS (TR 3000 to 4000 msec, a TE 40 to 50 msec, and an echo train of 6-8)
Ax T1
Sag PD Fs
Sag T1

Elbow

Cor Loc
3 Plane Loc
Shim
Ax T1

Post Arthrogram Elbow

Ax T1 Fs
Cor T1 Fs
Sag T1 Fs
Cor PD FS

Cor PD Fs

Ax T2 FS

Sag STIR

Ax PD Fs

Ax T2 Fs (TR 3000 to 4000 msec, a TE 40 to 50 msec, and an echo train of 6-8)

Cor T2 Fs (TR 3000 to 4000 msec, a TE 40 to 50 msec, and an echo train of 6-8)

Wrist

Post Arthrogram Wrist

Cor Loc

Ax T1 Fs

3 Plane Loc

Cor T1 Fs

Shim

Sag T1 Fs

Map

Cor PD FS

Ax T1

Cor T1

Ax T2 Fs (TR 3000 to 4000 msec, a TE 40 to 50 msec, and an echo train of 6 to 8)

Ax T2 Fs (TR 3000-4000,TE 40-50,ETL6-8)

Ax PD Fs

Cor T1

Cor PD Fs

Sag STIR

Hand

Cor Loc

3 Plane Loc

Shim

Map

Cor T1

Cor STIR

Ax PD Fs

Ax T1

Ax T2 FS (TR 3000 to 4000 msec, a TE 40 to 50 msec, and an echo train of 6-8)

Sag T2 FS (TR 3000 to 4000 msec, a TE 40 to 50 msec, and an echo train of 6-8)

Wrist & Hand Arthritis

FOV to cover from proximal to the distal radioulnar joint to the metacarpophalangeal joints distally, inclusive (8 -10 cm)

Axial T1

Axial T2 (TR 3000 to 4000 msec, a TE 40 to 50 msec, and an echo train of 6-8)

Cor STIR

Sag PD FS

Cor T1
Cor PD FS
Ax T1 Post Gad
Cor T1 FS Post Gad

Finger

Use small FOV. Planes are configured to particular finger, e.g., thumb is a different plane than 2-5 fingers.

Cor Loc

3 Plane Loc

Shim

Map

Cor T1

Cor STIR

Ax T1

Ax T2 Fs (TR 3000 to 4000 msec, a TE 40 to 50 msec, and an echo train of 6 to 8)

Sag T1

Sag T2 Fs (TR 3000 to 4000 msec, a TE 40 to 50 msec, and an echo train of 6 to 8)

Sag PD Fs

SI Joints (arthritis, sacroilitis)

3 Plane Loc

Shim

Map

Cor STIR Lg FOV

Ax T1 Fs Sm FOV

Ax STIR Sm FOV

Cor Pd Fs (angled) Sm FOV

Cor T1 (angled) Sm FOV

Ax T1 Fs-post contrast Sm FOV

Cor T1 Fs-post contrast (angled) Sm FOV

Post Arthrogram Hip

Coronal STIR Lg FOV

Coronal T1 Lg FOV

Ax T1 FS – Sm FOV

Cor T1 FS – Sm FOV

Sag T1 FS – Sm FOV

Cor PD FS - Sm FOV

Ax T2 Fs (TR 3000 to 4000, TE 40 to 50, echo train of 6 to 8) - Sm FOV

Pelvis/Hip

Cor Loc

Ax Loc

Shim

Map

Cor T1 Lg FOV

Cor STIR Lg FOV

Cor T2 Fs Affected (TR 3000 to 4000 msec, a TE 40 to 50 msec, and an echo train of 6 to 8)

Ax T2 Fs Affected (TR 3000 to 4000 msec, a TE 40 to 50 msec, and an echo train of 6 to 8)

Sag PD FS Affected

Axial T1 Affected

Knee

Cor Loc

3 Plane Loc

Shim

Ax PD Fs

Cor T1

Cor PD Fs

Cor T2 Fs

Sag PD FS SE (Spin Echo)

Sag PD Fs

Note: Facilitates than can not do Spin Echo or if spin echo images are not satisfactory, then use Sag T2 Fs (TE 50-60)

Ankle

Cor Loc

3 Plane Loc

Shim

Cor PD Fs

Ax T1

Ax T2 Fs (TR 3000 to 4000 msec, a TE 40 to 50 msec, and an echo train of 6 to 8)

Ax PD Fs
Sag STIR
Sag T1

Foot

ROUTINE

Note: Coronal of foot is same plane as axial of ankle.

Cor Loc
3 plane Loc
Shim
Cor T2 FS (TR 3000 to 4000 msec, a TE 40 to 50 msec, and an echo train of 6 to 8)
Ax T2 FS (TR 3000 to 4000 msec, a TE 40 to 50 msec, and an echo train of 6 to 8)
Ax PD Fs
Ax T1
Sag STIR
Sag T1

**If specifically evaluating for stress fracture, substitute for Cor PD Fs above:
Small FOV sequence from talonavicular joint to MTPs**

**Cor T1
Cor STIR**